



## TIMELINESS TIPS AND INSTRUCTIONS

**24**

**COLLECT AT  
24 HOURS  
OF AGE**

- » Blood spot collection as soon after 24 hours of age as possible promotes early identification and intervention for potential health concerns.
- » Do not allow anything, not even gloved hands, to contact the blood spot collection area before, during, or after collection.

**4**

**DRY FOR  
4 HOURS**

- » Allow specimens to dry on a flat surface for 3-4 hours.
- » Do not stack specimens while drying. Drying racks are recommended to keep cards separate.

**24**

**LAB ARRIVAL  
WITHIN 24 HOURS  
OF COLLECTION**

- » Do not hold specimens for batched mailing. Ship specimens via overnight delivery to the Bureau of Public Health Laboratories (BPHL) in Jacksonville within 24 hours of collection.